

Angela Nicotra



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Date of Birth: 13.06.1967
Place of Birth: Catania, Italy
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Publications

2018 „In Contatto con la realtà. Conversazioni con il maestro Rodolfo Dinzel. Tango e danza Movimento terapia“ Ephemeria Edizioni

2017, „Integration von Tango in die Behandlung bei postnataler Depression“, Körper tanz Bewegung Zeitschrift für Körperpsychotherapie, 3/2017 Reinhardt Verlag, München S. 119-128

2015, „Im Kontakt mit der Realität. Tango und Tanztherapie DMT - Gespräche mit Rodolfo Dinzel“ Logos Verlag Berlin, ISBN 978-3-8325-3843-9

2011 , „Tango: Tanz der Verbindung“, Zeitschrift für Tanztherapie 32/2011 – 18. Jahrgang, Claus Richter Verlag Köln, S. 24-30

Language Skills

Fluent in written and spoken Italian
Spanisch
German
English

Education

- 2016/2017 **Gestalt-therapy** by TIB Therapeutisches Institut Berlin (Behar-Kremer)
- 2013- 2014 Certificate as **psychological counselor (Gestalt Therapy)** by TIB
- 2014 Trainer (License B Landessportbund) for **Stressprevention, Prävention Spine-gymnastik** (Qualitätsiegel Sport pro Gesundheit) und **Heart and circulatory prevention.**
- 2012-2014 Trainer (License C) **for Fitness/Healt** by Landessportbund Berlin
- 2007-2015 ***Being-In-Movement* ®**: Trainings about **Somatische Traumaheilung** by Paul Linden (USA)
- 2003-2008 **Dance Movement Therapy** by Tanztherapie Zentrum Berlin
- 2009 Certificate of German Association for Dance Movement Therapy (BTD)
- 2005-2006 Medical practitioner license
„Erlaubnis zur Heilkundeausübung für Psychotherapie nach dem HP Gesetz“
- 1995-1996 Postgraduate supplementary study “**Animazione teatrale in campo multiculturale**”, Bologna - Italien
- 1986-1992 Laurea DAMS Discipline delle Arti della Musica e dello Spettacolo
Università di Bologna - Italien
Thesis in Theater education
- 1981-1986 High School Liceo Classico „Nicola Spedalieri“, Catania.

Teaching and Therapy Experience

- Since 2018 Participation as trainer for the research project "La Caravan de la memoire" on the effects of the tango on Alzheimer's patients. Paris and Anglet
Groups and individual therapeutic work in own practice, VHS, sports club Seitenwechsel, and honorary lecturer for tango and therapy in Berlin (NEURAUM), Buenos Aires (CETBA, Estudio Dinzel) Italy.
- 2017 Groups and individual sessions in own Studio and VHS, Sportassociation Seitenwechsel
Dancegroup with refugees women: Felix-Familienzentrum - Humanistischer Verband Deutschlands
Teacher for Dance Movement Therapie Education: Tango and Therapy by NEURAUM Berlin (Education in DMT)
- 2016 Groups and individual sessions in own Studio and VHS, Sportverein Seitenwechsel, Flüchtlingsheimen, Humanistischer Verband Deutschlands.
Lectures: Tango Esencial - Malmö and Valencia

- 2015 Groups and individual sessions in own Studio
Organization and Teaching bei Symposien (MV BTD 2015) und Festivals (Tango Esencial 2015-2016)
 Tour „Im Kontakt mit der Realität“: **Workshops and Buchpresentation** in Berlin, Stolzenhagen, Zürich, Sils Maria
- 2014 Groups and individual sessions in own Studio
Teacher: Elements of Dance Movement Therapy in Heilpraktikerschule in Selbstverwaltung (Berlin), **Spine Gymnastic and Tango** in Volkshochschule Berlin Mitte und JVA Pankow
- 2013 Opening of space nicadanza in Berlin
 Teaching und Coaching in own space, VHS, Sportvereinen,
- 2012 **Teaching:** as Dancetherapist: Education for „Elementare Musikpädagogik Women Sport Assotiation, Volkshochschule Berlin u.a.
Teaching: Theater for *Reif für den Frieden* by Karneval der Kulturen 2012, AWO
- 2006/2012 **Creativtherapy** (Movement, dance and Theater) in der Hospital for forensic psychiatry Martin Gropius Krankenhauses, Eberswalde
- 2011 **Dancetherapie** in psychosomatic Argora Klinik and Fliedner Klinik Berlin
Dancetherapie and Tango for Deutschen Parkinson-Vereinigung e. V. Berlin
- 2010-2011 Teaching and learning in Buenos Aires:
Teaching Commedia dell'Arte and Tango by BRECHA and **Tango and Bartenieff** at CETBA (Centro Educativo del Tango Buenos Aires) and Estudio Dinzel - **Investigation with Rodolfo Dinzel about** Tango und DMT.
- Since 2007 Teaching Gymnastic for the Spine at Frauensportverein Seitenwechsel
- Since 2002 Teaching bodywork, dance and Theater at
Anbieter (Auswahl):
 - Volkshochschulen Berlin
 - Berliner Frauenzentren Frieda und Ewa
 - Kinderspielzentrum Popel Bühne
 - Atelier Malen und Tanzen
 - Wildwasser Berlin e.V.
 - Rückenwind GmbH
 - verschiedene Senioreneinrichtungen
- 2000-2006 **Dance- und Theater Projects** in germany, Italy, Swizerland, Polen, Japan
 - Jagen of Oliver Hohlfeld, Regie: Thomas Roth
 - **Choreography: Azzurro berlinese – Dance Theater**
 - Acting with **Lasenkantheater** in Berlin and Japan
 - **Kamaduka**

- Dance: *Las Lunaticas* and *Die Kometen*
- **Assistent** at **Butohworkshops** (Yumiko Yoshioka)
Kindertanzworkshop Mildenberg (Brigitte Westkemper)

07.94-09.97 **Coordinator for International Youth Exchange and Cultural Manager** at
Cooperativa Dulcamara, Ozzano Emilia Italien